



# HARVARD BEETS

3 cup sliced cooked beets. (our home canned red beets work great for this recipe) Drain beet juice. Add enough water to make 1½ cups  
3 T. corn starch  
2 T. vinegar  
½ cup sugar  
1½ T. butter, melted  
¾ tsp. salt

## INSTRUCTIONS

Mix cornstarch, sugar and salt. Stir into beet liquid, vinegar and melted butter. Cook over moderate heat, stirring constantly, until thickened. Remove from heat. Add beets. Let stand 10 minutes to blend flavors. Heat to serving temperature to serve.



[www.brecknockorchard.com](http://www.brecknockorchard.com)