



# THREE WAYS TO FREEZE PEACHES

BEGIN WITH TREE RIPENED  
BRECKNOCK ORCHARD PEACHES.

**Wash peaches, slice in half, remove pit, and peel the peach halves. Slice or dice the peaches to your preference. Then choose one of the three freezing methods below.**

- **Water Pack:** Pack peaches into a pint or quart-size freezer container or bag, leaving 1/2-inch headspace for pints and 1-inch headspace for quarts. Pour water over the peaches, maintaining the specified headspace.
- **Sugar Pack:** Pack a small layer of peaches into a pint or quart-size freezer container. Sprinkle lightly with sugar; repeat layering, leaving 1/2-inch headspace for pints and 1-inch headspace for quarts. Cover and let stand for 15 minutes or until juicy before freezing.
- **Syrup Pack:** Prepare desired syrup (see back). Pack peaches into a pint or quart-size freezer container or bag, leaving 1/2-inch headspace for pints and 1-inch headspace for quarts. Pour syrup over the peaches, maintaining the specified headspace.



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**To prepare syrup:** Place the recommended amounts of sugar and water (see below) in a large saucepan. Heat and stir until the sugar dissolves. Remove from heat and skim off foam, if necessary.

**Tip:** 1/2 to 2/3 cup syrup for each 2 cups peaches.

**Very Light Syrup:** Use 1 cup sugar and 4 cups water to yield about 4 cups syrup.

**Light Syrup:** Use 1-2/3 cups sugar and 4 cups water to yield about 4-1/4 cups syrup.

**Medium Syrup:** Use 2-2/3 cups sugar and 4 cups water to yield about 4-2/3 cups syrup.

**Heavy Syrup:** Use 4 cups sugar and 4 cups water to yield about 5-3/4 cups syrup.

## Freeze peaches

- Wipe container rims (if using).
- Seal containers or bags according to manufacturer's directions, pressing out as much air as possible.
- If necessary, use freezer tape around lid for a tight seal.
- Label each container or bag with its contents, amount, and date. Lay bags flat; add bags or containers to freezer in batches to make sure they freeze quickly. Leave space between containers or bags so air can circulate around them.
- When frozen solid, the containers or bags can be placed closer together.
- Use frozen peaches within 8 to 10 months.



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